Women and men handle emotions differently. The cause of this may partly be biological and from the early childhood. In the essays Heart to heart: Sex differences by Deborah Blum and Emotional Intelligence by Daniel Goleman they both discuss how both genders differs in using emotions and how women are emotionally stronger.

In both essays they are discussing that men and women are different in using emotions and that women are more emotional than men. In the essay Heart to Heart: Sex differences in emotions, Miss Blum discusses a biological point of view where she tells about an experiment where they tested day-old infants who were too young to be trained by anyone. They let the babies listen to sounds of other babies crying, animal sounds and some other computer languages. The result was both sexes responding to the distress of another, but the girls were more tuned to a resounding response. This shows that women are more likely to place themselves in the same situation. Mr. Goleman also points out that emotions is partly biological and he also points out that it also can be traced back to early childhood. They
both argue that parents teach boys and girls different lessons in handling emotions. Parents tend to discuss emotion with girl in general but the only emotions they discuss with the boys are anger and the causes and consequences of that anger. Girls are also exposed to more information about emotions. For example Mr. Goleman tell us that when parents make up stories to tell their children they use more emotional words with girls that with boys.

Both writers speak on the fact that women are more adept at reading emotions in both sexes than men are. For men it is easier to read the emotion if the woman’s face was really sad.

In both essays they both discuss an excerpt from a book called “you just don’t understand” in which the main idea is that men and women have different conversations; Women tend to discuss their feelings to seek a connection with others while men do not care for sympathy.

Miss Blum discusses that some of the women’s senses are somehow superior to men. Like for example women are more sensitive to touch that man and also their hearing they hear more high pitch sounds that is hwy women are more sensitive to a baby crying. Mr. Goleman starts his essay from early childhood at about three years old. Miss Blum goes to when the child was in the womb and when it was just a day-old.
Miss Blum also touches on a point that Mr. Goldman did not touch and that the heart and mothers use it to comfort their young ones. This where the mother would hold the baby close to her heart and she also hints that it may be traced to past distance mothers who learned that infants were more relaxed that way.

When both writers talk about the differences in emotion with men and women Miss Blum goes about it differently she compares us with animals like chimpanzees and apes to show us that differences in emotions does not only exist in humans but also in animals while Mr. Goleman does not touch on that point. She also discusses the fact that women use emotions to get their way and use it as an effective weapon. They also touch on the fact women seeks to discuss while men tends to withdraw.