A native of Santiago de los Caballeros in the Dominican Republic, Boyar came to live in New York City when she was six-years-old. Six years later, Boyar was performing in a choral group at the Metropolitan Opera House. She appeared in numerous plays as a young adult, and won the yearly dramatic award for portraying Miriam in Maxwell Anderson’s Winterset. The first to sing commercial calypso in New York supper clubs, she sang in seven languages and four dialects. With a solid track record of successful appearances in dozens of the city’s nightclubs, Boyar also acted in Summer and Smoke, and Thirteen Daughters. She performed in the Netherlands, the Principality of Monaco, and the Dominican Embassy in Washington, D.C., in shows benefitting the War Bond Drive. Boyar also introduced the merengue to the U.S. at the 1939 New York World's Fair.