

DELGADO, JANE L. (1953–)

Born in Havana on June 17, 1953. Two years later Delgado immigrated to Brooklyn, New York, with her mother and sister. Educated in the borough, by the third grade Delgado was fluent in English and at the head of her class in all subjects. In 1973 Delgado was an assistant to the editor of the Children's Television Workshop and soon thereafter, became talent coordinator for Sesame Street. Interested in child development, Delgado received a Ph.D. in clinical psychology and became a key researcher on the "Report of the Secretary's Task Force on Black and Minority Health." Her personal and educational experiences taught her that "health," particularly among Latinos, requires the integration of body, mind, and spirit. She also published *¡Salud! A Latina's Guide to Total Health* (1997). Her many achievements have garnered Delgado numerous honors and recognitions. Ladies Home Journal named her one of seven "Women to Watch . . . unsung heroines who are forging ahead to improve our health," and *Hispanic Business* listed her as one of the 100 "Most Influential Hispanics." She was awarded the Community Leadership Award in 1996 from the Puerto Rican Family Institute, the Dr. Harvey Wiley Award in 1995, the Carter-Bumpers Award in 1995, and Las Primeras Award in 1994 from the Mexican American Women's National Association (MANA).