

May, 2006

DAVID JONATHAN FORBES

OFFICE ADDRESS

School Counseling Program
School of Education
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PRESENT POSITION

Associate Professor of Education, School Counseling Program, Brooklyn
College/CUNY, 1999-
Program Head, 2004-

EDUCATION

Ph.D. 1980, Education (Counseling), The University of California at Berkeley
Dissertation: A Critique of Traditional Counseling: Foundations for a Dialectical
Approach
M.A. 1973, Psychology, The New School for Social Research, NY
B.A. 1971, Psychology, The University of Chicago

CREDENTIALS

New York State Credentialed Alcohol and Substance Abuse Counselor
(CASAC), 1995-to present

AREAS OF SPECIALIZATION

Contemplative Urban Education
Urban School Counseling
Adolescent Masculine Gender Identity Development
Substance Abuse and Addiction Prevention

FORMER TEACHING POSITIONS

1999, Substitute Assistant Professor, Department of Early Childhood and
Elementary Education, School of Education, Lehman College of CUNY

1993-1999, Research Associate, Department of Social Sciences,
Borough of Manhattan Community College of CUNY

Adjunct Assistant Professor:

1998, School of Education, Department of Health Studies, Sport Sciences and Physical Education, Hofstra University, Hempstead, NY, Manhattan site

1984, School of New Resources, College of New Rochelle, South Bronx site, NY

1981, Department of Psychology, Mercy College, Dobbs Ferry, NY, Bronx site

1981, Department of Psychology, Rockland Community College, Suffern, NY

OTHER EXPERIENCE

1999-2001, Consultant, Alcoholism Council of New York, workshops on School-Age Children and Substance Abuse Prevention, New York, NY

1984-1993, Department of Education, Diocese of Brooklyn, NY, School Based Substance Abuse Prevention Program. Regional Coordinator; Parent Program Coordinator

1984, Program Director, Group Live-in Experience (GLIE) Community Youth Agency, Bronx, NY

1983, Psychotherapist, South Bergen Mental Health Center, East Rutherford, NJ

1981-2, Consulting Therapist, Community Support Program, Bowery Residents' Committee, New York, NY

1974-5, Project Director, Mental Health Consumer Training Program, Mental Health Association of New York and Bronx Counties, NY

1973-4, Psychologist/Team Treatment Leader, Rockland Psychiatric Center, Orangeburg, NY

RECENT COURSES TAUGHT

Contemplative Urban School Counseling, Education 756.12T . Consideration of urban school counseling based on contemplative theories and practices.

Foundations of School Counseling, Education 735.1 Critical introduction to the field of school counseling from psychological, cultural, and sociological perspectives.

Counseling Internship, High School, Education 709.1 A lecture and field site course on adolescent development and on group work with high school students. Sites: New Utrecht High School, Brooklyn College Academy, Bushwick School for Social Justice.

Human Development, Education 724.1. Theoretical and practical issues on child, adolescent, and adult development.

Advanced Human Development: Family Counseling, Education 724.3. Family systems for school counseling from theoretical, practical, and experiential approaches.

Independent Study, Education 680.1. One credit writing tutorial.

Issues & Strategies in Education, Education, 790.11. Seminar and research project on critical topics in urban school counseling including contemplative and moral issues.

SCHOLARLY ACTIVITY

PUBLICATIONS

Recent Published Works

Forbes, David (2006, Spring), "Finding the Zone: Beyond the Social Construction of Masculine Gender Identity," *Encounter: Education for Meaning and Social Justice*, 19(1), 16-24.

Forbes, David, (2006). "Contemplative Urban Education," in P. Anderson, K. Hayes, D.Griffith, J. Kincheloe, & K. Rose (Eds.). *Urban Education: An Encyclopedia* (pp. 161-170). Westport, CT: Greenwood Press.

Forbes, David (2005). "In Da Zone: Meditation, Masculinity, and a Meaningful Life," in J.P Miller, S. Karsten, D. Denton, D. Orr, and I.C. Kates (Eds.). *Holistic Learning and Spirituality in Education: Breaking New Ground* (pp. 154-160). Albany: SUNY Press.

Forbes, David (2004). *Boyz 2 Buddhas: Counseling Urban High School Male Athletes in the Zone*. New York: Peter Lang.

Forbes, David (2004). "What is the Role of Counseling in Urban Schools?" in *19 Urban Questions: Teaching in the City* (pp. 69-83), S. R. Steinberg & J.L. Kincheloe (Eds.), New York: Peter Lang.

- Forbes, David (2003). "Turn the Wheel: Integral School Counseling for Male Adolescents," *Journal of Counseling and Development*, 81, 142-49.
- Forbes, David, (2002, Fall-Winter), Letter to the Editor, *Peace Psychology Newsletter*, 11(2), 3.
- Forbes, David (2002, April). "My Life as a Mind: A Late Sixties Memoir," *University of Chicago Magazine*, 26-30. Available at:
<http://magazine.uchicago.edu/0204/features/life.html>
- Forbes, David (2002, February 4). "And How Do You Feel About That?" (Letter), *Nation*.
- Forbes, David and Iris Lopez (2001, Spring). "Borinki Identity in Hawai'i: Present and Future," *Centro: Journal of the Center for Puerto Rican Studies*, 13(1), 108-25.
- Forbes, David, and Iris Lopez (2000, Spring). "Celebrando Hawaii Style: The Puerto Rican Centennial in Hawaii," *Centro News, Newsletter of the Centro de Estudios Puertorriquenos*, VI (2), 6.

Previous Publications

- Forbes, David (1994). *False Fixes: The Cultural Politics of Drugs, Alcohol, and Addictive Relations*. Albany, New York: SUNY Press.
- Forbes, David and Lynn Chancer (1990, January 24). From Here to Panama: Face It, We're Addicted to Lies. *Village Voice*, 31-32.
- Forbes, David (1987). Saying No to Ron and Nancy: School-Based Drug Abuse Prevention Programs in the 1980's, *Journal of Education*, 169, 80-90.
- Forbes, David (1986). Counseling in Crisis. *Catalyst: A Socialist Journal for the Social Services*, 5(4), 53-84.
- Forbes, David (1986, spring). Clinical Notes on the Case of the Little Prince. *Journal of Polymorphous Perversity*, 10.

OTHER SCHOLARLY OR CREATIVE ACTIVITY

Invited Presentations

- "Bringing Mindfulness into Public Schools," Brooklyn Region 7 Professional

Development for School Counselors, November 10, 2005.

“An Introduction to Mindfulness for High School Counselors,” Fort Hamilton High School, Brooklyn, NY, School Counselors’ staff meeting, April 14, 2005.

“Urban Male Aggression,” Male Development & Empowerment Center, Medgar Evers College/CUNY, March 3, 2005.

“In The Zone,” Writing Center Forum, Brooklyn College, April 24, 2002

"Chakras, Willy Loman, and Boyz in the 'hood: Some Problems of Masculinities," The New Jersey Project on Inclusive Scholarship, Curriculum, and Teaching, Summer Institute, Rutgers, New Jersey, May 25, 1999.

Papers Contributed to Professional Meetings:

“Mindfulness Meditation with Teens in Urban Schools,” Pre-conference workshop, Fifth International Conference, Holistic Learning: Breaking New Ground,” Ontario Institute for Studies in Education, University of Toronto, Toronto, Canada, October 27, 2005.

“Mindful Meditation and Counseling with Teens in an Urban School Setting,” presented at ChildSpirit: 2nd North American Conference on Children’s Spirituality, Pacific Grove, CA, October 7-10, 2004.

“Meditation and Masculine Gender Identity Development,” presented at the Third Annual Southeastern Conference on Cross-Cultural Issues in Counseling and Education, Savannah, GA, February 6-7, 2004.

“Meditation and Counseling with High School Males,” presented at the Third International Conference, Holistic Learning: Breaking New Ground,” Ontario Institute for Studies in Education, University of Toronto, Toronto, Canada, October 20, 2001.

“Turn the Wheel: Enlightened School Counseling for Adolescent Males,” presented at First Curriculum and Pedagogy Conference, Austin, Texas, November 10, 2000.

“Codependency and Society,” presented at the Bertha Reynolds Society Conference, Northampton, Massachusetts, 1995.

Other Creative Work and Scholarly Activity:

“A Question of Engagement: The Role of the Arts and Contemplative Practices in Teaching,” panelist, Tenth Annual Brooklyn College Faculty Day, May 24, 2006

Conference Co-Organizer and presenter, “Mindful Learners: The Uses of Contemplative Practice in the Classroom,” Graduate Center, City University of New York, April 7, 2006.

“Contemplative Practice in the Urban Classroom,” panelist, Eighth Annual Brooklyn College Faculty Day, May 25, 2004.

Forbes, David (2001, fall). Guidance and Counseling: Toward Creating New High School Counselors. *The Chalkboard: The Newsletter of the School of Education, Brooklyn College*, 2(2),3

Poster Session, Brooklyn College Fifth Annual Brooklyn College Faculty Day May 23, 2001.

Reviewed Fourth Edition of Theories of Developmental Psychology by Patricia Miller for Worth Publishers, June, 2000.

Editorial Board (1981-85). *Catalyst: A Socialist Journal for the Social Services* (Currently *Journal for the Progressive Human Services*).

GRANTS

Grants funded

2004-5, PSC/CUNY Research Award, "A Mindful Social Justice Seminar for High School Students," \$4,600.

2003-4, PSC/CUNY Research Award, “Contemplating Masculinity: A One-Credit Seminar on Gender Identity Development and Personal Growth for Male High School Students,” \$4,620.

2001-2, PSC-CUNY Research Award, “Turn the Wheel: Enlightened Counseling for Adolescent Males,” \$5,670.00

Grant Proposals Submitted

2004-5, Center for Humanities, CUNY Graduate School, Mellon Fellowship, on Violence and Peace Education.

2004-5 FIPSE Grant, “Retention of Urban School Teachers through Contemplative

Practices.”

2001, Contemplative Practice Fellowship, American Council of Learned Societies

2000, School of Education liaison with Brooklyn College partnership for Research and Learning, CSD 18 & Brooklyn High Schools District Office for Federal GEAR UP Grant

1999, Semi-Finalist, Open Society (Soros) Institute Individual Fellowship

PROFESSIONAL AWARDS

Honors and Awards

2005-6 Contemplative Program Development Fellowship, American Council of Learned Societies and the Center for Contemplative Mind in Society, “A Lotus Grows in Brooklyn: Nurturing a Contemplative Educators’ Network on an Urban Campus of Public Higher Education,” \$10,000.

1996, Latino Honors Society Teaching Award, Borough of Manhattan Community College.

UNIVERSITY, COLLEGE AND COMMUNITY SERVICE

Service to Brooklyn College

Committee on Outcomes Assessment Plan; sub-committee on a student-centered campus, 2001-3.

Service on School of Education Committees

Search Committees:
School Counseling Program, 2005-6; 2004-5
Secondary Social Studies, 2003-4.
Foundations of Education, Fall, 2002

Curriculum Committee 2001-4
Social Committee, 1999-2000

Service on School Counseling Program Committees

Committee to redesign curriculum and program
to meet NCATE and CACREP standards, 2001-present

Program Planning and Development, 1999-present
Program Admissions Committee, 1999-present

High School Internship coordinator, liaison, Brooklyn College Academy, Lincoln High School, New Utrecht High School, Bushwick School for Social Justice, Harbor School, School for Urban Planning, Erasmus High School, 2002-4.

Student Activities

Workshop presenter, School Counseling Organization Conference, May 7, 2004.

Facilitator, Student Life Conference Roundtables, Spring, 2002, 2001.

Other

Member, Service Learning-Brooklyn Partnership for Collaborative Learning Network, 2000-2002.

Panelist, Conference on Service Learning, November 22, 2002

Professional Activities and Memberships

American Psychological Association

American Counseling Association

American Educational Research Association

Holistic Educators Network

Metropolitan New York School Counselor Educators Network

Community Service:

Consultant/presenter, Medgar Evers/CUNY GED Program, March 14, 2006.

Consultant/presenter, Bushwick School for Social Justice (Brooklyn) Advisories, Fall, 2005.

Consultant/presenter, Lincoln High School (Brooklyn) Basketball team, Fall, 2005.

Consultant/presenter, Bushwick School for Social Justice Retreat, Glen Cove, NY, January 30-31, 2004.

Guest Speaker, Brooklyn College Academy Parent's Association, November 20, 2002.

Mentor, Midwood High School (Brooklyn) Intel Competition, 2 social science students, Fall, 2002.

Consultant/presenter, Science Skills Center High School (Brooklyn) phys. ed. class & International High School (Brooklyn) track team, April, 2002.