The essays “Emotional Intelligence, His Marriage and Hers: Childhood Roots” by Daniel Goleman and “Heart to Heart: Sex differences in Emotions” by Deborah Blum both discuss differences in emotions between sexes. The main difference between the two genders being that women are more emotional than men are. This essay will discuss how this is true by comparing and contrasting specific evidence from the text.

Both essays compare the emotional differences between the male and female sexes. According to the essay “Emotional Intelligence” by Daniel Goleman, “The roots of these emotional differences, while they may be partly biological, also can be traced back to childhood, and to the separate emotional worlds boys and girls inhabit while growing up.” The essay “Heart to Heart: Sex Differences in Emotions” by Deborah Blum also agrees with this statement. They discuss the differences in the way both boys and girls play during their childhood. The essays state that boys are naturally more competitive and seem more comfortable with confrontation. They play in larger groups, are more aggressive and would not let a confrontation end their game. They are also more determined to be number one. Whereas girls play together in smaller intimate groups with an emphasis on minimizing hostility and maximizing cooperation. An example that is in the writing “Heart to Heart” is the difference between boys and girls playing the game doctor. When it came to the decision on who wanted to be the doctor in the game, all of the boys fought over it. They all wanted to be the doctor, the one who is
in charge and tells everyone else what to do. When the girls played the game it didn’t really matter to them. They would ask who wanted to be the doctor and would negotiate, sharing the roles of doctor and patient. Another difference between the way the boys and girls played is what they would do if somebody would get hurt or upset. If it happened among the boys group they expected that person to get out of the way and leave the game so they could continue playing. But if the same happens among the group of girls the game would stop and they would gather around to help the girl who was crying.

The essays state that there is an emotional learning difference between the sexes. Depending on what type of environment the boys and girls are raised in. Generally the boys need more one on one attention than girls. If they don’t get this affection when they are young it could affect brain development. The essays also state that girls can express themselves better than boys. Girls can talk more about private situations with their friends such as: boys that they like and certain feelings etc. Boys tend not to do this and keep more to themselves. Girls can read both verbal and nonverbal emotions better than boys too. A study was conducted and it was determined that it is easier for a girl to tell when somebody is happy or sad compared to a boy doing the same. Overall girls are much more emotional than boys.

In conclusion, the essays “Emotional Intelligence, His Marriage and Hers: Childhood Roots” by Daniel Goleman and “Heart to Heart: Sex differences in Emotions” by Deborah Blum both discuss differences in emotions between sexes. The main difference between the two genders being that women are more emotional than men are.